



## GET INTO YOUR SANCTUARY! SUSTAINABLE SEAWEED FORAGING ADVENTURE

Saturday, August 13, 2022, 6:15 - 9 am PDT At Shell Beach on the Sonoma Coast



## LEARN ABOUT SUSTAINABLE SEAFOOD & CELEBRATE NATIONAL MARINE SANCTUARIES' 50TH ANNIVERSARY

Heidi Herrmann of Strong Arm Farm will lead us on a 2.5 hour seaweed foray. You will learn about seaweed ecology, how to harvest sustainably, and harvest some edible seaweed to take home! Pre-registration for the Sustainable Seaweed Foraging Adventure is required at <a href="https://farallones.org/events/">https://farallones.org/events/</a>. More details about the foray will be provided to participants that register.





